

# 2022 ACS Swimming Rules

updated for 2022

- The Championship shall be conducted under Swimming Victoria rules unless otherwise stated hereunder or in ACS Competition Rules.
- The events in this Championship shall be one start only.
- Students shall compete in their own year level. All students are eligible to swim in Open events and may compete in an unlimited number of events.

## 1.1 Swim up rule (for introduction in 2022)

The intent of the "swim up rule" is to only be used in extreme circumstances where a school does not have four available (as in uninjured) swimmers in a given year level to fill a relay team. Under these circumstances only, a school may only apply through the Director/Head of Sport to;

- Nominate a swimmer that is permitted to swim up in a higher year level, can only swim in the 4 x 50m freestyle or medley relays in that Year level.
- The swimmer will not be able to swim in any other year level other than the higher level they have been nominated for.
- The swimmer will not be able to compete in any individual events in either year level.

The Application form will be made available to schools prior to the event and must be signed by the Director/Head of Sport.

1.2 The Female and Male Swimmers of the Meet shall be determined by each swimmers' top 5 events only.

## 2. Number of Competitors:

All individual events:	1 competitor	Junior	= Years 7 and 8
Medley Relays:	1 team	Intermediate	= Years 9 and 10
Freestyle Relays:	1 team	Senior	= Years 11 and 12

## 5. Point Scoring:

EVENTS	1st	2nd	3rd	4th	5th	6th	7 <sup>th</sup> (Year 7 girls only)
<b>A events</b>	20	18	16	14	12	10	8
<b>B events</b>	7	6	5	4	3	2	1
<b>Relays</b>	40	36	32	28	24	20	16

6. Students or teams who are disqualified receive 0 points.

7. **Lane Draw: 2022:** (Will rotate → from year to year)

St Michael's	St Leonard's	Beaconhills	Overnewton	Westbourne	Loyola	St Aloysius	Multiclass
2	3	4	5	6	7	8	9

8. Seating in the stands shall rotate from year to year: 2022

Parents and Spectators						
← St Leonard's	← St Aloysius	← Overnewton	← Loyola	← Westbourne	← Beaconhills	← St Michael's

## Finish Line end

- The Championships shall be held at the Melbourne Sports and Aquatic Centre.
- The Championships shall commence with the singing of the National Anthem by a student, and end with the trophy and pennant presentations.
- All schools shall provide a minimum of 3 reliable people to help organise and run the Championships. Marshals should be adults.
- The starter and referee shall be Swimming Victoria officials. AEO shall be an MSAC staff member.
- Qualified First Aid officials will be in attendance.
- A Student with a current injury: Must have a doctor's note with permission to swim
- UNIFORM:**
  - All swimmers should wear school approved bathers (i.e. no board shorts or football shorts). Uniform school caps must be worn.

**Coaches and swimmers please note:** Race wear may be worn for ACS swimming carnival events but must be FINA approved. FINA approved swimwear carries the FINA label. ACS aims to hold a qualifying event and as such swimmers must only wear one swimsuit or will not be allowed to compete. Swimming Victoria officials will be strict on these rules.

**FINA GR 5 Swimwear rules state (relevant to ACS):**

**GR 5.1** The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste suitable for the individual sports disciplines and not carry any symbol which may be considered offensive.

**GR 5.2** All swimsuits shall be non-transparent

**BL 8.2** In swimming competitions the competitor must wear only one swimsuit in one or two pieces, and no other garments. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.

**BL 8.3** swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials.

**BL 7.1.1** Swimsuits: One (1) manufacturer's logo of a maximum size of 20 square centimetres when worn. Where one-piece body suits are used, two (2) manufacturer's logo shall be permitted, one above the waist and one below the waist of a maximum size of 20 square centimetres each when worn. These manufacturer's logo shall not be placed adjacent to each other.

- One (1) \*logo and one (1) \*school name or code of a maximum of 20 square centimetres when worn.

**BL 7.1.2** Caps: One (1) manufacturer's logo of a maximum of 20 centimetres on the FRONT.

- One (1) \*logo and \*school name (code) of the size of 32 square centimetres on the right side. Athlete's name of the size of 20 square centimetres on the right side. (\*adjusted for

**16. PROGRAM:** The program is as follows but is subject to change; times are approximate (as at January 2022):

	<u>No.</u>	<u>Year</u>	<u>Event</u>		<u>No.</u>	<u>Year</u>	<u>Event</u>
10.00am	1	Open Girls	200m Individual Medley C'ship	2	Open Boys	200m Individual Medley C'ship	
	3	7 Girls	4x50m Medley Relay	4	7 Boys	4x50m Medley Relay	
	5	8 Girls	4x50m Medley Relay	6	8 Boys	4x50m Medley Relay	
	7	9 Girls	4x50m Medley Relay	8	9 Boys	4x50m Medley Relay	
	9	10 Girls	4x50m Medley Relay	10	10 Boys	4x50m Medley Relay	
	11	11 Girls	4x50m Medley Relay	12	11 Boys	4x50m Medley Relay	
	13	12 Girls	4x50m Medley Relay	14	12 Boys	4x50m Medley Relay	
10.50am	15	7 Girls	50m A Freestyle Championship	16	7 Girls	50m B Freestyle Championship	
	17	7 Boys	50m A Freestyle Championship	18	7 Boys	50m B Freestyle Championship	
	19	8 Girls	50m A Freestyle Championship	20	8 Girls	50m B Freestyle Championship	
	21	8 Boys	50m A Freestyle Championship	22	8 Boys	50m B Freestyle Championship	
	23	9 Girls	50m A Freestyle Championship	24	9 Girls	50m B Freestyle Championship	
	25	9 Boys	50m A Freestyle Championship	26	9 Boys	50m B Freestyle Championship	
	27	Multiclass	50m Freestyle Championship	28	10 Girls	50m A Freestyle Championship	
	29	10 Girls	50m B Freestyle Championship	30	10 Boys	50m A Freestyle Championship	
	31	10 Boys	50m B Freestyle Championship	32	11 Girls	50m A Freestyle Championship	
	33	11 Girls	50m B Freestyle Championship	34	11 Boys	50m A Freestyle Championship	
	35	11 Boys	50m B Freestyle Championship	36	12 Girls	50m A Freestyle Championship	
	37	12 Girls	50m B Freestyle Championship	38	12 Boys	50m A Freestyle Championship	
	39	12 Boys	50m B Freestyle Championship	40	7 Girls	50m A Backstroke Championship	
11.30am	41	7 Girls	50m B Backstroke Championship	42	7 Boys	50m A Backstroke Championship	
	43	7 Boys	50m B Backstroke Championship	44	8 Girls	50m A Backstroke Championship	
	45	8 Girls	50m B Backstroke Championship	46	8 Boys	50m A Backstroke Championship	
	47	8 Boys	50m B Backstroke Championship	48	9 Girls	50m A Backstroke Championship	
	49	9 Girls	50m B Backstroke Championship	50	9 Boys	50m A Backstroke Championship	
	51	9 Boys	50m B Backstroke Championship	52	10 Girls	50m A Backstroke Championship	
	53	10 Girls	50m B Backstroke Championship	54	10 Boys	50m A Backstroke Championship	
	55	10 Boys	50m B Backstroke Championship	56	11 Girls	50m A Backstroke Championship	
	57	11 Girls	50m B Backstroke Championship	58	11 Boys	50m A Backstroke Championship	
	59	11 Boys	50m B Backstroke Championship	60	12 Girls	50m A Backstroke Championship	
	61	12 Girls	50m B Backstroke Championship	62	12 Boys	50m A Backstroke Championship	
	63	12 Boys	50m B Backstroke Championship	64	7 Girls	50m A Breaststroke Championship	
12.30pm	65	7 Girls	50m B Breaststroke Championship	66	7 Boys	50m A Breaststroke Championship	
	67	7 Boys	50m B Breaststroke Championship	68	8 Girls	50m A Breaststroke Championship	
	69	8 Girls	50m B Breaststroke Championship	70	8 Boys	50m A Breaststroke Championship	
	71	8 Boys	50m B Breaststroke Championship	72	9 Girls	50m A Breaststroke Championship	
	73	9 Girls	50m B Breaststroke Championship	74	9 Boys	50m A Breaststroke Championship	
	75	9 Boys	50m B Breaststroke Championship	76	10 Girls	50m A Breaststroke Championship	
	77	10 Girls	50m B Breaststroke Championship	78	10 Boys	50m A Breaststroke Championship	
	79	10 Boys	50m B Breaststroke Championship	80	11 Girls	50m A Breaststroke Championship	
	81	11 Girls	50m B Breaststroke Championship	82	11 Boys	50m A Breaststroke Championship	
	83	11 Boys	50m B Breaststroke Championship	84	12 Girls	50m A Breaststroke Championship	
	85	12 Girls	50m B Breaststroke Championship	86	12 Boys	50m A Breaststroke Championship	
	87	12 Boys	50m B Breaststroke Championship	88	7 Girls	50m Butterfly Championship	
1.10pm	89	7 Boys	50m Butterfly Championship	90	8 Girls	50m Butterfly Championship	
	91	8 Boys	50m Butterfly Championship	92	9 Girls	50m Butterfly Championship	
	93	9 Boys	50m Butterfly Championship	94	10 Girls	50m Butterfly Championship	
	95	10 Boys	50m Butterfly Championship	96	11 Girls	50m Butterfly Championship	
	97	11 Boys	50m Butterfly Championship	98	12 Girls	50m Butterfly Championship	
	99	12 Boys	50m Butterfly Championship	100	Jnr Girls	100m Freestyle Championship	
1.35pm	101	Jnr Boys	100m Freestyle Championship	102	Int Girls	100m Freestyle Championship	
	103	Int Boys	100m Freestyle Championship	104	Snr Girls	100m Freestyle Championship	
	105	Snr Boys	100m Freestyle Championship	106	7 Girls	4 x 50m Freestyle Relay	
1.46pm	107	7 Boys	4 x 50m Freestyle Relay	108	8 Girls	4 x 50m Freestyle Relay	
	109	8 Boys	4 x 50m Freestyle Relay	110	9 Girls	4 x 50m Freestyle Relay	
	111	9 Boys	4 x 50m Freestyle Relay	112	10 Girls	4 x 50m Freestyle Relay	
	113	10 Boys	4 x 50m Freestyle Relay	114	11 Girls	4 x 50m Freestyle Relay	
	115	11 Boys	4 x 50m Freestyle Relay	116	12 Girls	4 x 50m Freestyle Relay	
	117	12 Boys	4 x 50m Freestyle Relay				

2.40 pm

Presentation of Trophies and Pennants