

1. The Championship shall be conducted under Swimming Victoria rules unless otherwise stated hereunder or in ACS Competition Rules.
2. The events in this Championship shall be one start only.
3. Students shall compete in their own year level. All students are eligible to swim in Open events and may compete in an unlimited number of events.

1.1 Swim up rule (for introduction in 2022 and is ongoing in 2023)

The intent of the "swim up rule" is to only be used in extreme circumstances where a school does not have four available (as in uninjured) swimmers in a given year level to fill a relay team. Under these circumstances only, a school may only apply through the Director/Head of Sport to;

- Nominate a swimmer that is permitted to swim up in a higher year level, can only swim in the 4 x 50m freestyle or medley relays in that Year level.
- The swimmer will not be able to swim in any other year level other than the higher level they have been nominated for.
- The swimmer will not be able to compete in any individual events in either year level.

The Application form will be made available to schools prior to the event and must be signed by the Director/Head of Sport.

1.2 The Female and Male Swimmers of the Meet shall be determined by each swimmers' top 5 events only.

2. Number of Competitors:

All individual events: 1 competitor Junior = Years 7 and 8
 Medley Relays: 1 team Intermediate = Years 9 and 10
 Freestyle Relays: 1 team Senior = Years 11 and 12

5. Point Scoring: *Subject to change*

EVENTS	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th
A events	20	18	16	14	12	10	8
B events	7	6	5	4	3	2	1
Relays	40	36	32	28	24	20	16

6. **New for 2024:** Students or teams who DNF or DQ receive last place points.

7. **Lane Draw: 2024:** (Will rotate → from year to year)

St Aloysius	St Michael's	St Leonard's	Overnewton	Westbourne	TBC	Loyola	Multiclass
2	3	4	5	6	7	8	9

8. Seating in the stands shall rotate from year to year: 2023

Parents and Spectators						
← St Aloysius	← Overnewton	← Loyola	← TBC	← Westbourne	← St Michael's	← St Leonard's

Finish Line end

9. The Championships shall be held at the Melbourne Sports and Aquatic Centre.
10. The Championships shall commence with an Acknowledgement of Country, the singing of the National Anthem by a student, and end with the trophy and pennant presentations.
11. All schools shall provide a minimum of 3 reliable people to help organise and run the Championships. Marshals should be adults.
12. The starter and referee shall be Swimming Victoria officials. AEO shall be an MSAC staff member.
13. Qualified First Aid officials will be in attendance.
14. A Student with a current injury: Must have a doctor's note with permission to swim

15. UNIFORM:

15.1 All swimmers should wear school approved bathers (i.e., no board shorts or football shorts).
Uniform school caps must be worn.

Coaches and swimmers please note: Race wear may be worn for ACS swimming carnival events but must be FINA approved. FINA approved swimwear carries the FINA label. ACS aims to hold a qualifying event and as such swimmers must only wear one swimsuit or will not be allowed to compete. Swimming Victoria officials will be strict on these rules.

FINA GR 5 Swimwear rules state (relevant to ACS):

GR 5.1 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste suitable for the individual sports disciplines and not carry any symbol which may be considered offensive.

GR 5.2 All swimsuits shall be non-transparent

BL 8.2 In swimming competitions the competitor must wear only one swimsuit in one or two pieces, and no other garments. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.

BL 8.3 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor shall extend below knee. All swimsuits shall be made from textile materials.

BL 7.1.1 Swimsuits: One (1) manufacturer's logo of a maximum size of 20 square centimetres when worn. Where one-piece body suits are used, two (2) manufacturer's logo shall be permitted, one above the waist and one below the waist of a maximum size of 20 square centimetres each when worn. These manufacturer's logo shall not be placed adjacent to each other.

- One (1) *logo and one (1) *school name or code of a maximum of 20 square centimetres when worn.

BL 7.1.2 Caps: One (1) manufacturer's logo of a maximum of 20 centimetres on the FRONT.

- One (1) *logo and *school name (code) of the size of 32 square centimetres on the right side. Athlete's name of the size of 20 square centimetres on the right side. (*adjusted for ACS purposes)

17. **PROGRAM:** The program is as follows but is subject to change; times are approximate (as at 22 Jan 2024):

	<u>No.</u>	<u>Year</u>	<u>Event</u>	<u>No.</u>	<u>Year</u>	<u>Event</u>
10.00am	1	Open Girls	200m Individual Medley C'ship	2	Open Boys	200m Individual Medley C'ship
	3	7 Girls	4x50m Medley Relay	4	7 Boys	4x50m Medley Relay
	5	8 Girls	4x50m Medley Relay	6	8 Boys	4x50m Medley Relay
	7	9 Girls	4x50m Medley Relay	8	9 Boys	4x50m Medley Relay
	9	10 Girls	4x50m Medley Relay	10	10 Boys	4x50m Medley Relay
	11	11 Girls	4x50m Medley Relay	12	11 Boys	4x50m Medley Relay
	13	12 Girls	4x50m Medley Relay	14	12 Boys	4x50m Medley Relay
10.50am	15	7 Girls	50m A Freestyle Championship	16	7 Girls	50m B Freestyle Championship
	17	7 Boys	50m A Freestyle Championship	18	7 Boys	50m B Freestyle Championship
	19	8 Girls	50m A Freestyle Championship	20	8 Girls	50m B Freestyle Championship
	21	8 Boys	50m A Freestyle Championship	22	8 Boys	50m B Freestyle Championship
	23	9 Girls	50m A Freestyle Championship	24	9 Girls	50m B Freestyle Championship
	25	9 Boys	50m A Freestyle Championship	26	9 Boys	50m B Freestyle Championship
	27	Multiclass	50m Freestyle Championship	28	10 Girls	50m A Freestyle Championship
	29	10 Girls	50m B Freestyle Championship	30	10 Boys	50m A Freestyle Championship
	31	10 Boys	50m B Freestyle Championship	32	11 Girls	50m A Freestyle Championship
	33	11 Girls	50m B Freestyle Championship	34	11 Boys	50m A Freestyle Championship
	35	11 Boys	50m B Freestyle Championship	36	12 Girls	50m A Freestyle Championship
	37	12 Girls	50m B Freestyle Championship	38	12 Boys	50m A Freestyle Championship
	39	12 Boys	50m B Freestyle Championship	40	7 Girls	50m A Backstroke Championship
11.30am	41	7 Girls	50m B Backstroke Championship	42	7 Boys	50m A Backstroke Championship
	43	7 Boys	50m B Backstroke Championship	44	8 Girls	50m A Backstroke Championship
	45	8 Girls	50m B Backstroke Championship	46	8 Boys	50m A Backstroke Championship
	47	8 Boys	50m B Backstroke Championship	48	9 Girls	50m A Backstroke Championship
	49	9 Girls	50m B Backstroke Championship	50	9 Boys	50m A Backstroke Championship
	51	9 Boys	50m B Backstroke Championship	52	Multiclass	50m Backstroke Championship
	53	10 Girls	50m A Backstroke Championship	54	10 Girls	50m B Backstroke Championship
	55	10 Boys	50m A Backstroke Championship	56	10 Boys	50m B Backstroke Championship
	57	11 Girls	50m A Backstroke Championship	58	11 Girls	50m B Backstroke Championship
	59	11 Boys	50m A Backstroke Championship	60	11 Boys	50m B Backstroke Championship
	61	12 Girls	50m A Backstroke Championship	62	12 Girls	50m B Backstroke Championship
	63	12 Boys	50m A Backstroke Championship	64	12 Boys	50m B Backstroke Championship
12.30pm	65	7 Girls	50m A Breaststroke Championship	66	7 Girls	50m B Breaststroke Championship
	67	7 Boys	50m A Breaststroke Championship	68	7 Boys	50m B Breaststroke Championship
	69	8 Girls	50m A Breaststroke Championship	70	8 Girls	50m B Breaststroke Championship
	71	8 Boys	50m A Breaststroke Championship	72	8 Boys	50m B Breaststroke Championship
	73	9 Girls	50m A Breaststroke Championship	74	9 Girls	50m B Breaststroke Championship
	75	9 Boys	50m A Breaststroke Championship	76	9 Boys	50m B Breaststroke Championship
	77	Multiclass	50m Breaststroke Championship	78	10 Girls	50m A Breaststroke Championship
	79	10 Girls	50m B Breaststroke Championship	80	10 Boys	50m A Breaststroke Championship
	81	10 Boys	50m B Breaststroke Championship	82	11 Girls	50m A Breaststroke Championship
	83	11 Girls	50m B Breaststroke Championship	84	11 Boys	50m A Breaststroke Championship
	85	11 Boys	50m B Breaststroke Championship	86	12 Girls	50m A Breaststroke Championship
	87	12 Girls	50m B Breaststroke Championship	88	12 Boys	50m A Breaststroke Championship
	89	12 Boys	50m B Breaststroke Championship	90	7 Girls	50m Butterfly Championship
1.10pm	91	7 Boys	50m Butterfly Championship	92	8 Girls	50m Butterfly Championship
	93	8 Boys	50m Butterfly Championship	94	9 Girls	50m Butterfly Championship
	95	9 Boys	50m Butterfly Championship	96	Multiclass	50m Butterfly Championship
	97	10 Girls	50m Butterfly Championship	98	10 Boys	50m Butterfly Championship
	99	11 Girls	50m Butterfly Championship	100	11 Boys	50m Butterfly Championship
	101	12 Girls	50m Butterfly Championship	102	12 Boys	50m Butterfly Championship
1.35pm	103	Jnr Girls	100m Freestyle Championship	104	Jnr Boys	100m Freestyle Championship
	105	Int Girls	100m Freestyle Championship	106	Int Boys	100m Freestyle Championship
	107	Snr Girls	100m Freestyle Championship	108	Snr Boys	100m Freestyle Championship
1.46pm	109	7 Girls	4 x 50m Freestyle Relay	110	7 Boys	4 x 50m Freestyle Relay
	111	8 Girls	4 x 50m Freestyle Relay	112	8 Boys	4 x 50m Freestyle Relay
	113	9 Girls	4 x 50m Freestyle Relay	114	9 Boys	4 x 50m Freestyle Relay
	115	10 Girls	4 x 50m Freestyle Relay	116	10 Boys	4 x 50m Freestyle Relay
	117	11 Girls	4 x 50m Freestyle Relay	118	11 Boys	4 x 50m Freestyle Relay
	119	12 Girls	4 x 50m Freestyle Relay	120	12 Boys	4 x 50m Freestyle Relay

2.40 pm Presentation of Trophies and Pennants