



EYEWEAR GUIDELINES FOR ACS FOOTBALL AND SOCCER COMPETITIONS

ACS Footballers and Soccer players who need to wear glasses during matches must wear spectacles with plastic frames and plastic lenses. A band must also be worn that holds the glasses in place securely.

The following elements reduce any risk and meet safety requirements. They should be read as ALL together, or as MANY AS POSSIBLE

- 1) Must be *securely attached*** so there is no risk of working loose, being snagged by another player, presenting a strangle hazard, or depositing the item on or over the field of play. Attachment should withstand potential ball impact.
- 2) All edges, arms, corners, frames should be rounded** to minimise the risk of jabbing / spiking to other players, especially but not limited to, the face and eye area.
- 3) Lenses should NOT be glass** due to shatter potential, risk to wearer eye on collision, risk to others from fragments, impossible to recover all splinters from ground. Plastic lenses are no risk.
- 4) There should be NO exposed metal parts or edges** (recessed small screws and other smooth incorporated panels present no hazard)
- 5) Best options are protective sports glasses** or contact lenses (latter not always suitable for young players)

By following these guidelines this will minimise the risk of injury to the player, teammates and opposition players.

Umpires and Referees must check that the glasses are safe and safely secured. To make the best decision possible Umpires and Referees should check players as early as possible before the match so that all aspects are considered and a decision is not rushed just before the match is to start or even after the game has commenced. Check players EARLY. The coach of the player(s) must ensure the player approaches the umpires or referee well before the start of the match.

**These guidelines incorporate safety considerations from both
FFV and Australian Football Match Policy.*